

2022 Russell Race 10K Results

Position	Bib #	Name	Race Time	Pace	Division	Gender
DIVISION: 10KM						
1	257	Olivier Thiriet	40:56.19	4:06	10km	M
2	237	Aurore Lemarinier	42:02.14	4:12	10km	F
3	200	Penny Abbott	44:17.42	4:26	10km	F
4	253	Patrick Robinson	44:39.37	4:28	10km	M
5	254	Leslie Spencer	45:05.25	4:31	10km	F
6	236	Paul Lalonde	45:23.98	4:32	10km	M
7	242	Paul Miller	45:57.27	4:36	10km	M
8	235	Guy Laforest	46:06.94	4:37	10km	M
9	209	Thomas Brown	46:25.80	4:38	10km	M
10	261	Stacey Woods	47:25.53	4:44	10km	F
11	226	Alex Hamilton	47:53.00	4:47	10km	M
12	255	Lindsay Spencer	48:07.86	4:49	10km	F
13	248	Mitch Petty	49:00.40	4:54	10km	M
14	249	Craig Plath	49:55.92	4:59	10km	M
15	221	Melanie Gravel	50:08.74	5:01	10km	F
16	216	Clare Gallant	50:50.09	5:05	10km	F
17	250	John Plews	51:56.89	5:12	10km	M
18	244	Angela Montgomery	51:58.12	5:12	10km	F
19	204	Maurice Bonneville	51:59.12	5:12	10km	M
20	263	Paul Lapensee	52:20.09	5:14	10km	M
21	243	Mark Miller	52:22.58	5:14	10km	M
22	264	David Fothergill	52:26.18	5:15	10km	M
23	201	Andrew Asselin	52:31.40	5:15	10km	M
24	202	Paul Asselin	52:46.88	5:17	10km	M
25	262	Patricia Yates	53:26.12	5:21	10km	F
26	246	Julie Nantel	53:40.74	5:22	10km	F
27	228	Jenika Heim	54:08.17	5:25	10km	F
28	210	Isaac Brown	56:13.20	5:37	10km	M
29	218	Rebecca Garwood	56:50.62	5:41	10km	F
30	239	Crystal Mackinnon	57:00.24	5:42	10km	F
31	232	Jenny Hyland	57:15.72	5:43	10km	F
32	217	Melissa Ganim	58:26.87	5:51	10km	F
33	214	Dan Faughnan	58:32.87	5:51	10km	M
34	222	Erika Gray	59:34.18	5:57	10km	F
35	207	Trace Bourgeault	1:00:06.02	6:01	10km	M
36	224	Johanna Guertin	1:00:33.57	6:03	10km	F
37	211	Caroline Cooke	1:00:45.60	6:05	10km	F
38	245	Erika Morris	1:00:51.40	6:05	10km	F
39	220	France Girard	1:01:27.97	6:09	10km	F

40	225	Samantha Hamilton	1:01:35.42	6:09	10km	F
41	241	David Masson	1:01:38.82	6:10	10km	M
42	252	Marie Helene Ratel	1:02:16.42	6:14	10km	F
43	247	Elise O'Sullivan	1:03:12.81	6:19	10km	F
44	219	Jacqui Garwood	1:05:01.98	6:30	10km	F
45	206	Bruce Bourgeault	1:06:11.07	6:37	10km	M
46	260	Lisa Wasmund	1:06:23.86	6:38	10km	F
47	256	Tara-Lynn Stevenson	1:06:42.47	6:40	10km	F
48	238	France Levesque	1:06:44.83	6:40	10km	F
49	230	Adriane Henry	1:07:14.37	6:43	10km	F
50	240	Shirley Masson	1:08:39.02	6:52	10km	F
51	205	Lucie Bouchard	1:09:16.20	6:56	10km	F
52	213	Natalie Elliott	1:10:13.15	7:01	10km	F
53	258	Julia Villeneuve	1:10:17.31	7:02	10km	F
54	265	mannan a	1:10:19.10	7:02	10km	m
55	231	Felix Henry	1:11:11.19	7:07	10km	M
56	212	Karen Doiron	1:11:26.69	7:09	10km	F
57	208	Geoffrey Brown	1:13:20.27	7:20	10km	M
58	223	Christine Guay	1:13:20.43	7:20	10km	F
59	234	Mylene Lafleur	1:20:15.58	8:02	10km	F